



All Rio aid stations are stocked with NeverSecond C30 Energy Gels, Skratch Sport Hydration Drink, Skratch Energy Chews, Organic Jambar Minis & SaltStick FastChews/Electrolyte Capsules.

Willow Creek

- Neversecond - Non-Caffeine Energy Gels – Citrus
- Neversecond – Caffeine Energy Gels– Unflavored
- Skratch Lemon + Lime Sports Hydration Drink – (No Caffeine)
- Skratch Energy Chews – Orange & Grape
- Jambars (assorted) - Musical Mango (V, GF), Jammin' Jazzleberry (V, GF), Tropical Trio (V, GF) Chocolate Cha Cha (GF) & Malt Nut Melody
- SaltStick Electrolyte Capsules

Black Miners Bar

- Neversecond - Non-Caffeine Energy Gels – Orange
- Neversecond - Caffeine Energy Gels– Unflavored
- Skratch Orange Sports Hydration Drink – (No Caffeine)
- Skratch Energy Chews – Orange & Grape
- Jambars (assorted) - Musical Mango (V, GF), Jammin' Jazzleberry (V, GF), Tropical Trio (V, GF) Chocolate Cha Cha (GF) & Malt Nut Melody
- SaltStick Electrolyte Capsules

Beal's Point

- Neversecond - Non-Caffeine Energy Gels – Passion Fruit
- Neversecond - Caffeine Energy Gels– Unflavored
- Skratch Lemon + Lime & Orange Sports Hydration Drink – (No Caffeine)
- Skratch Energy Chews – Orange & Grape
- Jambars (assorted) - Musical Mango (V, GF), Jammin' Jazzleberry (V, GF), Tropical Trio (V, GF) Chocolate Cha Cha (GF) & Malt Nut Melody
- SaltStick Electrolyte Capsules

Granite Beach

- Neversecond - Non-Caffeine Energy Gels – Fruit Punch, Unflavored
- Skratch Orange Sports Hydration Drink – (No Caffeine)
- Skratch Energy Chews – Orange & Grape
- Jambars (assorted) - Musical Mango (V, GF), Jammin' Jazzleberry (V, GF), Tropical Trio (V, GF) Chocolate Cha Cha (GF) & Malt Nut Melody
- SaltStick Electrolyte Capsules

Horseshoe Bar

- Neversecond - Non-Caffeine Energy Gels – Passion Fruit, Citrus
- Skratch Lemon + Lime & Orange Sports Hydration Drink – (No Caffeine) & Raspberry Limeade (Caffeine)
- Skratch Energy Chews – Orange & Grape
- Jambars (assorted) - Musical Mango (V, GF), Jammin' Jazzleberry (V, GF), Tropical Trio (V, GF) Chocolate Cha Cha (GF) & Malt Nut Melody
- SaltStick Electrolyte Capsules

Rattlesnake Bar

- Neversecond - Non-Caffeine Energy Gels – Passion Fruit & Unflavored
- Neversecond – Caffeine Energy Gels– Berry
- Skratch Lemon + Lime & Orange Sports Hydration Drink – (No Caffeine) & Raspberry Limeade (Caffeine)
- Skratch Energy Chews – Orange & Grape
- Jambars (assorted) - Musical Mango (V, GF), Jammin' Jazzleberry (V, GF), Tropical Trio (V, GF) Chocolate Cha Cha (GF) & Malt Nut Melody
- SaltStick Electrolyte Capsules

Overlook

- Neversecond - Non-Caffeine Energy Gels – Passion Fruit & Orange & Unflavored
- Skratch Lemon + Lime & Orange Sports Hydration Drink – (No Caffeine) & Raspberry Limeade (Caffeine)
- Skratch Energy Chews – Orange & Grape
- Jambars (assorted) - Musical Mango (V, GF), Jammin' Jazzleberry (V, GF), Tropical Trio (V, GF) Chocolate Cha Cha (GF) & Malt Nut Melody
- SaltStick Electrolyte Capsules

No Hands Bridge

- Neversecond - Non-Caffeine Energy Gels – Passion Fruit & Fruit Punch & Unflavored
- Skratch Lemon + Lime & Orange Sports Hydration Drink – (No Caffeine)
- Skratch Energy Chews – Orange & Grape
- Jambars (assorted) - Musical Mango (V, GF), Jammin' Jazzleberry (V, GF), Tropical Trio (V, GF) Chocolate Cha Cha (GF) & Malt Nut Melody
- SaltStick Electrolyte Capsules

ALT

- Neversecond - Non-Caffeine Energy Gels – Passion Fruit & Fruit Punch & Unflavored
- Skratch Lemon + Lime & Orange Sports Hydration Drink – (No Caffeine) & Raspberry Limeade (Caffeine)
- Skratch Energy Chews – Orange & Grape
- Jambars (assorted) - Musical Mango (V, GF), Jammin' Jazzleberry (V, GF), Tropical Trio (V, GF) Chocolate Cha Cha (GF) & Malt Nut Melody
- SaltStick Electrolyte Capsules

Cool Fire Station

- Neversecond - Non-Caffeine Energy Gels – Passion Fruit & Fruit Punch
- Skratch Lemon + Lime & Orange Sports Hydration Drink – (No Caffeine)
- Skratch Energy Chews – Orange & Grape
- Jambars (assorted) - Musical Mango (V, GF), Jammin' Jazzleberry (V, GF), Tropical Trio (V, GF) Chocolate Cha Cha (GF) & Malt Nut Melody
- SaltStick Electrolyte Capsules